



Simply Honest Cafe

COLLECTION MENU

OUR SERVICES

JM Food Services, have the ideal catering solution for you. All our food is freshly prepared by our experienced team of chefs, from first principles and the highest quality locally sourced ingredients.

COLLECTION

All our food is pre-cooked and supplied in oven ready trays for heating. It could not be simpler, just preheat your oven in accordance with the label instruction, pierce the film on the tray and heat through.

DELIVERY

We deliver to you, fresh delicious food, hot and ready to go. In addition we will supply the necessary equipment to keep it hot, along with delph and cutlery.

*Terms & Conditions Apply.

FOOD HALL

Our Simply Honest Food Hall is based at JM Food Services head office, located in Mullaghboy Industrial Estate and is OPEN TO EVERYONE! So if you are looking for a breakfast or a quick and tasty lunch or you have a party coming up ..pop in and our friendly staff will assist with your catering enquiries. Our instore fridges are stocked with take home ready meals catering for 1 – 2 people. Beef Lasagne, Turkey & Ham dinner with potato & veg, Roast Beef dinner with potato& veg, pies, curries and many more.

SIMPLY HONEST CAFE – LOCATED ON KENNEDY ROAD

At our café we bring fabulous home cooked flavoursome food together with brilliant service and homely on trend atmosphere. We produce healthy nutritious affordable quality food, from local ingredients and suppliers. Our breakfast menu includes options such as – full Irish, poached eggs, waffles, pancakes and healthy options like granola pots or avocado on sourdough. Lunch specials change daily, but to whet your appetite ... they could be ...Grilled chicken & asparagus pesto pasta, Creamy Cajun chicken & rice, Individual cottage pie with red wine gravy and roasted vegetables, Beef fajitas .. to name a few. And wash it all down with one of our delightful barista coffees!

CHRISTMAS DINNER

Why spend all of Christmas dinner slaving in the kitchen when you can pre-order your full cooked Christmas dinner from us. All you have to do is 'Heat & Serve'. Our Christmas menu is available from early October, with everything from starters to desserts

THE WING BAR

Its not just for wings, our mobile catering unit, can make your event the one to talk about. Available to hire for events over 100 people.

TRAILBLAZER BBQ

Impress your guests with our stylish mobile BBQ. We come,we BBQ, we serve. Enquire today based on a minimum of 50 guests.

ALLERGENS

Allergen codes as follows

- 1 – Cereals containing gluten
- 2 – Crustaceans
- 3 – Egg
- 4 – Fish
- 5 – Peanuts
- 6 – Soyabean
- 7 – Milk
- 8 – Nuts
- 9 – Celery
- 10 – Mustard
- 11 – Sesame
- 12 – Sulphites
- 13 – Lupin
- 14 – Molluscs

+ additional allergens subject to fillings.

DIETARY REQUIREMENTS

If you have any special dietary requirements please let us know, however please be aware that while we try to accommodate any dietary requirements, we do not guarantee that any produce on our menu is totally free from nuts, nut derivatives, gluten or other ingredients to which guests may have a serious allergic reaction, as we do not operate in a nut or gluten free environment. Therefore we advise that if you or any of your guests have a severe allergy that you speak with us directly and we endeavour to facilitate as best as possible



COLLECTION MENU

As our food is all freshly prepared, all orders should be placed before 11am a minimum of 24 hours prior to collection.

The following products are already cooked and supplied cold, in oven ready trays for heating. Heating instructions as per product label.

FRESHLY MADE SOUP'S

All our soup is freshly prepared and made with real ingredients, just like home.

1ltr (5 portions) @ €9.00

2.5ltr (10 portions) @ €18.00

5ltr (20 portions) @ €30.00

Vegetable (9,12)
Chicken & Vegetable (9,12)
Cream of Mushroom (7,9,12)
Tomato & Basil (9)
Carrot & Coriander (9,12)
Leek & Potato (9,12)

STARTERS & LIGHT BITES

Tartlets – Goats Cheese with Basil Pesto (1(wheat),3,7)

PORTION

PRICE

6 €25.00

Tartlets – Brie with Cranberry Chutney (1(wheat),3,7,10,12)

6 €25.00

1Litre Vol Au Vent Mix & 6 Kingsize Cases (1(wheat),7)

6 €20.00

SALAD SELECTION (AVAILABLE IN THE FOLLOWING SIZES)

Small (4-5 Portions) (3,10)	€7.00
Medium (8 - 10 Portions) (3,10)	€14.00
Large (18 - 20 Portions) (3,10)	€26.00

- Coleslaw (3,10)
- Sweet Chilli Coleslaw (3,10)
- Siracha Coleslaw (Vegan) (10)
- Spanish Salad - white cabbage, peppers, spring onion & french dressing (10)
- Potato Salad (3,7,10)
- Ranch Potato Salad - rustic baby potatoes with bacon & a mustard dressing (3,10)
- Pasta Salad Mix - red onions, scallions, peppers & french dressing (1(wheat),3,10)
- Pesto Pasta Salad - spinach & basil pesto, sundried tomatoes & parmesan (1(wheat),8(Cashews))
- Sweet Chilli Pasta Salad - red onion, scallions & peppers (1(wheat))
- Cous Cous - Raisins and Peppers (1(wheat))
- Mixed Bean (10)
- Curried Rice - Raisins and Peppers (1(wheat),7,9,10)
- Waldorf Salad (3,8(Walnuts),9,10)
- Egg Mayonnaise (3,10)

CONTINUED>>>>

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SALAD SELECTION (CONT.)

	PORTION	PRICE
• Broccoli, Feta & Tomato (7)	8	€16.00
• Platter Eggs halved and dressed (20 halves)(3,10)		€20.00
• Mixed Leaf Bowl with Tomato, Red Onion, Peppers and Grated Carrot		€18.00
• Fresh Fruit Salad-Medium	8-10	€18.00
• Stuffing (1(wheat),6,7)		€10.00



COLD MEAT / PLATTER

	PORTION	PRICE
Sliced Turkey Breast (approx 15 slices)	1kg	€30.00
Sliced Boiled / Baked Ham (approx 15 slices)	1kg	€30.00
Sliced Roast Beef (approx 15 slices)	1kg	€40.00
**Meat Presentation Platter €5.00 Supplement		
Dressed Side of Salmon	10-12	POA

LARGE QUICHES -(PREORDER A MINIMUM OF 48 HOURS IN ADVANCE)

	PRICE
Ham Quiche (1(wheat),3,7)	6
Salmon & Roasted Vegetable Quiche (1(wheat),3,4,7)	6
Roasted Vegetable & Garlic Quiche (1(wheat),3,7)	6
Feta, Spinach & Mushroom Quiche (1(wheat),3,7)	6

QUICHE - PACK OF 6 INDIVIDUAL

	PRICE
Choose mixed or any of the above flavours	€30.00

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MAIN DISHES

All main dishes, pies, bakes and sides are available in small tray sizes with 1 - 2 portions per tray. Ready meal deals available. See in store for further information. Dishes are supplied already cooked, but cold in oven ready trays for heating as per the product label.

SIMPLY
HEAT &
SERVE

	PORTION	PRICE
Beef Lasagne (1(wheat),3,6,7,10)	10	€39.50
Beef Curry (1(wheat),6,7,9,10)	8	€39.50
Thai Red or Green Beef Curry (2(shrimp),7,12)	8	€39.50
Beef in Pepper Sauce (7)	8	€39.50
Beef Stroganoff (7)	8	€39.50
Beef Bourguignon (7)	8	€39.50
Beef & Black Bean Sauce (1(wheat,barley),6,7)	8	€39.50
Beef Stew (7,9)	8	€39.50
Chicken & Broccoli Pasta Bake (1(wheat),6,7)	8	€39.50
Chicken Curry (1(wheat),6,7,9,10)	8	€39.50
Thai Red or Green Chicken Curry (2(shrimp),7,12)	8	€39.50
Chicken ala Crème / Ala King (7,12)	8	€39.50
Chicken Korma (7,10)	8	€39.50
Creamy Cajun Chicken (7,12)	8	€39.50
Turkey & Ham Portions & Gravy & Stuffing (1(wheat),6,7)	6	€36.00

VEGETARIAN/VEGAN (ALL VEGAN/VEGAN DISHES SHOULD BE ORDERED 3 DAYS PRIOR TO COLLECTION)

**SOLD AS FROZEN

Vegetarian Lasagne (1(wheat),3,6,7,10)
Vegetarian Curry (1(wheat,6,7,9,10)

Small (2 Portions) €7
Large (6-8 Portions) €35

Vegan Lentil Dahl (1(wheat),9,10)
Vegan Spinach & Butterbean Curry (6)
Morroccan Style Vegan Stew (12)

Small (2 Portions) €12
Large (6-8 Portions) €40

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SIDES & ACCOMPANIMENTS

	PORTION	PRICE
Creamy Gratin Potato (7,12)	10	€30.00
Roast Potato (12)	10	€20.00
Mash Potato (7,12)	10	€20.00
Baby Boiled Potato	10	€20.00
Parmesan & Bacon Potato Wedges (7)	10	€22.50
Honey Roast Vegetables - carrot, onion, garlic & spices (7)	10	€25.00
Mixed Vegetables (7)	10	€20.00
Boiled Rice	15	€17.50
Savoury Rice with Peppers & Onions, Garlic & Spices	15	€20.00

SIMPLY HEAT & SERVE**FINGER FOOD**

	PORTION	PRICE
Plain Chicken Goujons (1(wheat))	8-10	€25.00
Southern Fried Chicken Goujons (1(wheat),9)	8-10	€25.00
Cocktail Sausages (1(wheat),12)	12-15	€25.00
Mini Vegetarian Spring Rolls (1(wheat),3,6,7)	8-10	€25.00
Mini Duck Spring Rolls (1(wheat),3,6,7,11)	8-10	€30.00
Mini Margerita Pizzas x 12 (1(wheat),7,12)	6	€18.00
Cajun Seasoned Chicken Skewers (10)	10	€30.00
Louisiana Seasoned Chicken Skewers (10)	10	€30.00
Chicken Wings (Sweet Chilli / BBQ / Buffalo) (9,10)	8-10	€25.00
Potato Skins (Vegetarian or Ham) (7)	8-10	€20.00
Parmesan & Bacon Wedges (7)	10	€22.50
Mix Tray -Goujons & Sausages (Half & Half) (1(wheat),9,12)	8-10	€25.00
Mix Tray -Goujons, Sausages & Spring Rolls (1(wheat),3,6,7,9,12)	8-10	€27.50

PLATTERS

	PORTION	PRICE
Mixed Sandwiches (1+)	8	€30.00
Mixed Sandwiches & Wraps (1+)	8	€30.00
Gourmet Sandwiches (1+)	6	€38.00

BREAKFAST PLATTERS

	PORTION	PRICE
Granola Breakfast Bowl (1(Oats),7,8(Almonds, Walnuts))		€5.00
Overnight Oats (1(Oats),7,8(Walnuts))		€5.00
Mini Danish and Scone Platter (1+)	10-12	€35.00
Fresh Fruit Platter	10-12	€30.00
Cooked Breakfast Platter with Rolls & Brown Bread (Choose 5 from the following 2 x Bacon, 2 Sausage, B&W Pudding, Scrambled Egg, Tomato, Mushroom, Beans or Hash Browns. (1+))		€9.50pp

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SWEET TOOTH - DESSERTS & CAKES**PORTION****PRICE****PIES**

Apple Pie (1(wheat),3,7)	12	€25.00
Crumble - Apple or Rhubarb (1(wheat),3,6,7)	12	€30.00
Lemon Meringue Pie (1(wheat),3,7)	12	€35.00
Banoffee Pie (1(wheat),3,7)	12	€35.00

CHOCOLATE

Chocolate Fudge Cake (1(wheat),3,6,7)	12	€30.00
Belgian Chocolate Ganache (1(wheat),3,7)	12	€45.00
Belgian Chocolate Biscuit Round Cake (1(wheat),3,7)	12	€45.00

CHEESECAKES

Standard Lemon or Strawberry Cheesecake (1(wheat),3,6,7)	12	€30.00
Speciality Cheesecake-	12	€40.00
(Baileys / Toblerone / Salted Caramel / Malteser / Own Choice (1(wheat),3,6,7)		

FRESH CREAM

Fresh Cream Meringue Roulade-	12	€35.00
Strawberry or Raspberry (3,7)		
Fresh Cream Strawberry Gateaux - Round (1(wheat),3,6,7)	12-14	€40.00
Fresh Cream Strawberry Gateaux - Rect 12" x 10" (1(wheat),3,6,7)	30	€70.00
Black Forest Gateaux - Round (1(wheat),3,6,7)	12-14	€40.00
Black Forest Gateaux - Rectangle 12" x 10" (1(wheat),3,6,7)	30	€70.00
Fresh Fruit Pavlova (3,7)	8-10	€30.00
Profiterole Bowl with Rich Chocolate Sauce (1(wheat),7)	10	€20.00

TRAY BAKES

Tray Bake - Chocolate Biscuit or Rocky Road (1(wheat),7)	20	€40.00
Double Brownie Chocolate Tray Bake (1(wheat),3,6,7)	20	€40.00
Lemon Drizzle Tray Bake (1(wheat),3,7)	20	€30.00
Carrot Cake Tray Bake (1(wheat),3,7,8(Walnuts))	20	€30.00

Dessert Platter	10-12	€40.00
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selection if bite size cakes and treats dressed with fresh fruit (1+)

Cupcakes available to order from €2.50

**DESSERT
ORDERS SHOULD
BE PLACED 3
DAYS PRIOR**

PERSONALISE YOUR CAKE WITH A CHOCOLATE CELEBRATION
DISK WITH INSCRIPTION OF YOUR CHOICE - €10.00

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COLLECTION PACKAGES



We understand that having a 'few' people round can be daunting so here is a helping hand. We have pre-packaged a couple of ideas for you. All you need to do is – ORDER – COLLECT – HEAT and 'ssssssshhhhh' we won't tell anyone..... just SERVE.

CATERERS FOR 25-30 PEOPLE

- 2 Main Dishes
- 1 Side Dish
- 2kg Cold Meats
- 2 Medium Salads
- 1 x Finger Food Tray
- 25 Small Rolls

€235

CATERERS FOR 32-35 PEOPLE

- 4 Main Dishes
- 2 Side Dishes
- 2xLarge or 4xMedium Salads
- 1 x Finger Food Tray
- 35 Small Rolls

€300



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JM Food Services

Unit 18 Mullaghboy Industrial Estate
Navan, Co. Meath
Tel: 046 905 1800
Email: info@jmfoodservices.com
Web: www.jmfoodservices.com

Office Hours: Mon-Fri 10am - 4.30pm
Food Hall: Mon - Fri 8am - 5pm
Saturday 8am - 3pm

Simply Honest Cafe

2 & 3 Kennedy Road,
Navan, Co Meath
Tel: 046 907 5176

Your premier food establishment is open
Monday – Saturday
with only quality food available!